

Brain Health Symptom Inventory

Name:	Email:
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Current Date:	Date of last injury:
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Rating - Place an "X" the appropriate box for each of the 22 rows

0 None: Rarely if ever present. Not a concern.

1-2 Mild: Occasionally present, but does really not disrupt activities. A little concern for me.

3-4 Moderate: Often present, disrupts activities, but still function. Can't do complicated tasks or activities. I am concerned.

5-6 Severe: Frequently to almost always present and disrupts activities. Cannot function without help. I'm very concerned.

	None	Mild		Moderate		Severe	
	0	1	2	3	4	5	6
Headaches							
Feeling dizzy, loss of balance, coordination problems							
Vision problems, blurring, trouble seeing							
Sensitivity to light							
Hearing difficulty, sensitivity to noise							
Ringing in the ears							
Change in taste and/or smell							
Feeling mentally "foggy"							
Problems with confusion, easily confused							
Feeling depressed or sad							
Emotional withdrawal							
Feeling anxious or tense, nervousness							
Irritability, easily annoyed, temper outbursts, hostility							
Feeling easily overwhelmed by things							
Feeling more emotional							
Fatigue, loss of energy, getting tired easily, drowsiness							
Difficulty concentrating, can't pay attention, easily distracted							
Difficulty remembering things, forgetfulness, memory concerns							
Difficulty making decisions							
Difficulty reading							
Difficulty falling or staying asleep							
Sleeping more or less than usual							
Count the Number of Times Answered in This Column:							
Multiply by the Number in This Column:	x 0	x 1	x 2	x 3	x 4	x 5	x 6
Total Score in This Column:	0						

TOTAL SCORE - ADDING ALL COLUMN TOTALS ABOVE:

Complete this form by checking a box for all 22 questions and follow the directions to reach a TOTAL SCORE

This form is informational only. It is not intended to diagnose or treat any condition or disease. If you have any concerns about your scores or your recovery following a concussion, TBI, or head injury, please contact your healthcare provider.

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